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**Open 9am – 2.30pm  
Monday, Tuesday, Thursday & Friday**

**\*During school terms**

Everyone is welcome to participate in an activity, use facilities or enjoy a cuppa and chat.

**Regular activities for members and guests include:**

* **Cuppa and Chat:** *Monday,* *Thursday & Friday* 9am – 2.30pm
* **First Friday Club social night:** *1st Friday of the month* 6pm
* **Saturday Night Craft:** *3rd Saturday of the Month* 6pm
* **Wellness sessions:** *Monthly*
* **Craft Classes/Workshops:** *Monthly*
* **Playgroup:** *Tuesday* 9.30am – 11.30am

**Kooka Kids Creche**

Monday, Thursday and Friday 9:30am – 1:30pm

Cost: $30 one child, $35 two children

\*Bookings Essential

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**shoalhavendefencefamilies**

**Coordinator - Maxine Starkey P: 02 4421 5766 E:** [shoalhavendfa@gmail.com](mailto:shoalhavendfa@gmail.com)

BLD 833, 489A Albatross Rd, Nowra Hill - Next to the Fleet Air Arm Museum

[**www.sdfa.com.au**](http://www.sdfa.com.au)